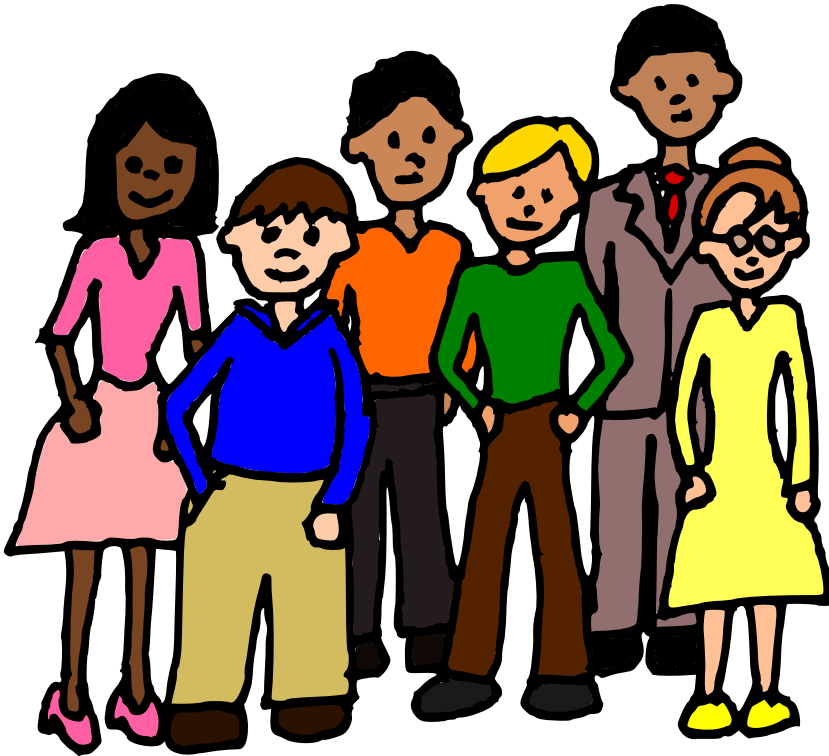


Personal Hygiene at Work



There are hidden
rules for personal
hygiene at work.

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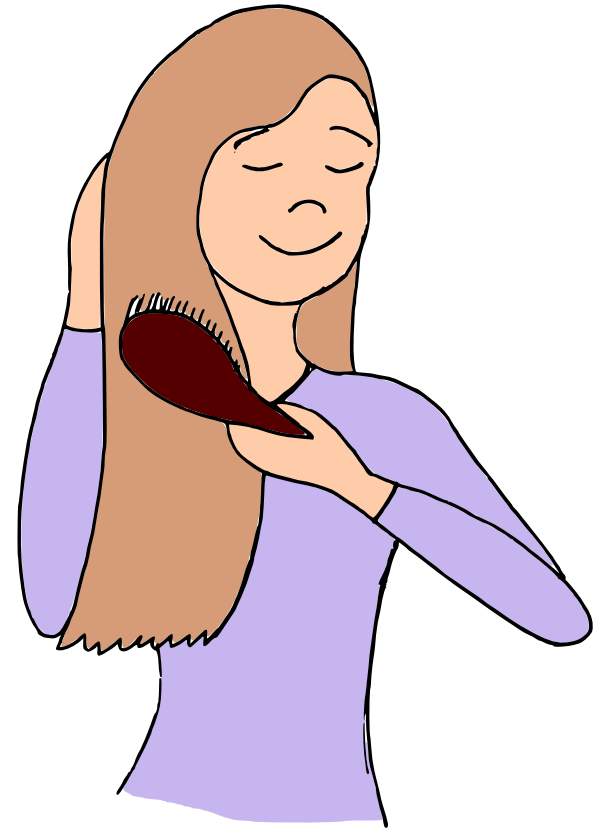
Take a shower each day.
Some people shower in
the morning and others
shower at night.



Wear deodorant to
keep away the smell of
body odor.



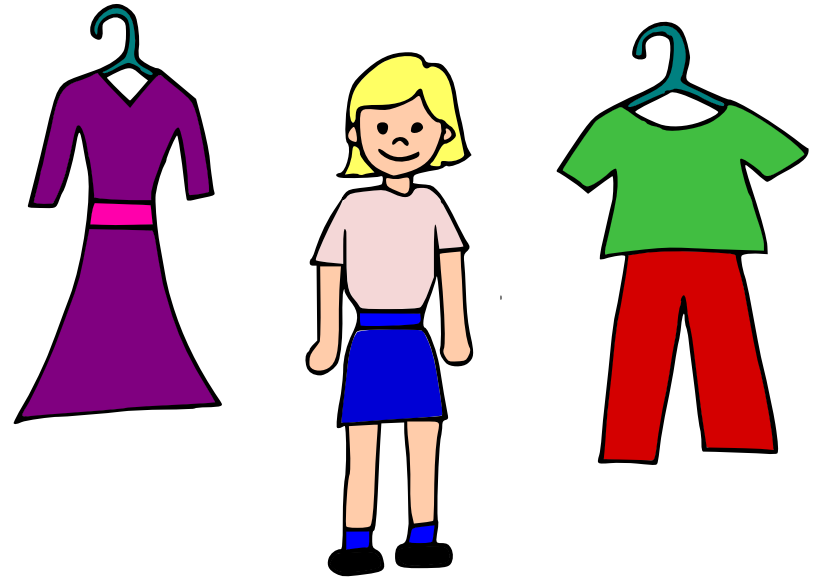
Brush your teeth so
your breath is fresh.



Comb your hair.



Put on clean clothes that are appropriate for the weather.



Choose a new outfit each day. Jackets and shoes can be worn more than once.



If your clothes get dirty or start to stink, it is time to wash them.



Following these hidden rules gives others good thoughts about you.